



OXYGEN BAR

Welcome to Oxygen Bar, your new sanctuary for rejuvenation and clarity. Step into a space where every breath energizes, refreshes, and restores. Whether you're seeking a midday pick-me-up, post-workout recovery or a moment of mindful calm, Oxygen Bar offers a curated experience designed to elevate your well-being — one inhale at a time.

BENEFITS OF OXYGEN

Altitude Sickness Relief

Altitude sickness symptoms may include headache, loss of coordination, disorientation, loss of memory, hallucinations, irrational behavior such as violence.

Improve Circulation

Oxygen plays a key role in every cellular process. It supports the immune system, destroys toxic substances, fuels metabolism, and promotes new cell growth.

Hangover Relief

Oxygen plays an important part in any kind of recovery. When your liver is breaking down the alcohol, it takes 3 oxygen molecules to break down 1 alcohol molecule. If you're loading your body with oxygen, it expedites the breakdown of alcohol and expels it from your body much faster.

Insomnia Relief

Many sleepless patients who look for aid with sleep apnea have relied on breathing oxygen, as a daily regime, to relieve the stress and everyday toxins that have been accumulating in their bodies during the course of the day. Oxygen aromatherapy can serve to relax your body and mind and make them more responsive to sleeping.

Other Benefits

Cancer and disease, depression, dieting, digestion, headache relief, jetlag relief, memory, pain relief.

TREATMENTS

OXYGEN BAR TREATMENT

50 Per Person (45 MIN)

Services 1-2 guests at a time. Use of spa facilities is not included. Online booking available. A 22% gratuity will be added.

OXYGEN BAR ADD-ON

30

Enhance your relaxation with an Oxygen Bar add-on to any 50-minute or longer massage or facial.

OXYGEN IN-ROOM & VILLA RENTAL

250 (All Day Use)

Price is per day per delivery station. A 22% gratuity will be added. A maximum of 2 delivery stations available for rent. Each station services a maximum of 2 guests. Contact Spa Edgewood to schedule at 775-588-3486. Delivery and pick-up arrangements will be coordinated with the spa attendants. There is a \$2000 damage fee.

Oxygen Bar services are not a substitute for medical care and do not guarantee specific outcomes. Oxygen Bar services increase oxygen levels; however, they can also cause ear discomfort and sinus pressure.

AROMATHERAPY

Select one or combine several complimentary aromatherapy scents to enhance your treatment.

- Anxiety Relief
- Aphrodisiac
- Citrus Delight
- Cold & Sinus
- Eucalyptus
- Floral Delight
- Lavender
- Meditation
- Peacefulness

OXYGEN CANS

Available for purchase in the Spa Retail Shop

- O+ Biggi Can | \$26.00
- O+ Skinni Can | \$16.00

