

SIGNATURE RITUALS

EARTH CONNECTION BODY RITUAL 395 (105 MIN.)

Inspired by the energy of native Tahoe smoky quartz, this treatment holds a powerful earth energy with healing properties that protect, ground, and connect us with the earth. Close your eyes during this invigorating dry brush exfoliation and inhale the fresh aromas of “Meditate” our essential oil blend of sandalwood, frankincense, ginger root, clove, cardamom, and sweet orange. Experience our detoxifying foot scrub and hydrating foot treatment, followed by a full-body basalt stone massage. Culminate this ritual with a stimulating peppermint and wild lime scalp treatment which will leave you feeling grounded from head to toe.

SKIN TRANSFORMATION FACIAL RITUAL 460 (90 MIN.)

Experience the ultimate facial with our exclusive treatment that merges three cutting-edge technologies into one extraordinary experience. Begin with the exfoliating and ultra-refining Hydrafacial™. Then enjoy the warmth of LightStim™ LED light therapy to rejuvenate and repair at the cellular level. Meanwhile, our skilled aesthetician applies a restorative collagen glove treatment for both hands and feet. Complete this luxurious experience with Hollywood’s favorite infused oxygen treatment, Intraceuticals™. A targeted cocktail of results-driven ingredients plumps and refines the skin, producing instantly gratifying results.

RAPID RECOVERY BODY RITUAL 295 (75 MIN.)

On the forefront of recovery technology, our dual treatment process features NormaTec™, a breakthrough in sports therapy treatment used in 97% of US Pro team’s “recovery rooms” and Hypervolt™ the state-of-the-art percussive massage device to deliver a highly effective massage.

REIKI ENERGY HEALING 185 (50 MIN.)

A touchless method of spiritual healing and self improvement. Your Reiki master will attune and tap into your unlimited supply of “life force energy” to improve health and enhance your quality of life.

FACIAL TREATMENTS

All 80 min. facial treatments include our signature Gua Sha lifting treatment

HYDRAFACIAL™ 250 (50 MIN.) / 385 (80 MIN.)

Restore and revive your skin with the cutting-edge technology of Hydrafacial. This system offers a closed system that delivers a safe and effective treatment that will leave you feeling rehydrated, refined, and 10 years younger. Hydrafacial also offers Lymphatic drainage and LED light therapy to promote detoxification and wellness.

ULTIMATE DIAMOND REPAIR FACIAL 250 (50 MIN.) / 380 (80 MIN.)

Awaken your senses and recapture your skin’s luminosity and firmness with the energy of Natura Bisse’s Diamond repair facial. Its extraordinary nourishing action repairs even the most mistreated skin, unveiling a completely hydrated, revitalized complexion that showcases your radiant face. Couple the experience with fragrances of lavender and rich textures and you will be transported to a state of bliss and nirvana.

FACIAL TREATMENTS CONT.

02 GLOW FACIAL 220 (50 MIN.) / 325 (80 MIN.)

Experience a revolutionary treatment delivering instant results with no downtime. Intraceuticals use hyperbaric oxygen to deliver professional serums deep into the skin, hydrating, visibly plumping, and reducing the appearance of fine lines and wrinkles... perfect for your next Lake Tahoe event or the bride to be.

EDGEWOOD CUSTOM FACIAL 175 (50 MIN.) / 260 (80 MIN.)

This facial begins with an essential consultation to identify the root cause of your skin condition. Whether your goal is anti-aging, hyperpigmentation, dryness, or inflammation, we will design a treatment plan to bring your current skin to a healthier state, leaving you more confident and beautiful.

MOUNTAIN MAN FACIAL 175 (50 MIN.) / 260 (80 MIN.)

Exclusively tailored for our gentleman, this facial will leave skin feeling refreshed and hydrated. It will improve your complexion while paving the way for a smoother, neater shave.

PURIFYING FACIAL 175 (50 MIN.) / 260 (80 MIN.)

Utilizing powerful probiotics, Eminence has created a safe and effective regiment that deeply cleans skin, while improving acne and texture, leaving you with a fresh complexion.

SKIN COMFORT FACIAL 195 (50 MIN.) / 290 (80 MIN.)

Imagine the relief and soothing sensation from ingredients that alleviate discomfort, and both calm and harmonize your skin. Natura Bisse’s Innovative Phytocutan with calendula extract and arnica will sooth, nurture and pamper delicate skin.

CITRUS DRENCH FACIAL 220 (50 MIN.) / 325 (80 MIN.)

Feel the uplifting splash of vitality with a fresh and invigorating dose of Vitamin C. Indulge in a fresh citrus aroma and show off exquisite, intensely hydrated skin. Powerful antioxidants will help restore sun damaged skin and help reverse the signs of aging. Vitamin C stimulates collagen production and renews skins firmness allowing you to embrace a glowing complexion.

INHIBIT ‘FACE-LIFT’ TREATMENT 425 (80 MIN.)

This treatments is inspired by non-invasive aesthetic cosmetic solutions to relax the appearance of facial lines, especially those caused by facial expressions. Powerful products reveal firmer and smoother skin and help beautify your facial contours. This lifting treatment diminishes expression lines, firms and hydrates, leaving your skin completely rejuvenated.

FACIAL ACCENTS

Some accents may be included with your treatment, while some add additional time.

25	Neck and Decollete	60	Retinol Eye Lift
25	Hydrating Lip	60	LightStim™ Therapy (20 Min.)
25	Eye Contour	160	Back Facial (45 Min.)
60	Natura Bisse™ Glycolic Peel		





## MASSAGE THERAPIES

### GROUNDING GEMSTONE MESSAGE

275 (75 MIN.)

Our gemstone trio of smoky quartz, aventurine, and magnesite gives strength and clarity to face the world with an inner peace and calm. This custom pressure massage will leave you feeling balanced and connected.

### CRYSTAL WELLNESS MESSAGE

275 (75 MIN.)

Our gemstone blend of rose quartz, clear quartz and amethyst fosters a harmonic wellness in the body, providing tranquility while soothing the mind and emotions. This custom pressure massage utilizing our therapeutic stones will restore and rejuvenate your body and soul.

### WARMING CBD MESSAGE

205 (50 MIN.) / 295 (80 MIN.)

This tension-dissolving treatment targets pain and inflammation with our CBD Collection and specialized massage techniques. The escape begins with a hypnotic aromatic inhalation. The focus then turns to the body, as a moist heat treatment loosens up tight muscles, giving way to a slow, intentional full-body massage with our warming CBD oil. A pressure point foot massage activates a mind-body connection to reduce stress and promote mental clarity. Our CBD massage will elevate you to a blissful state of calm.

### EDGEWOOD CUSTOM MESSAGE

175 (50 MIN.) / 260 (80 MIN.)

Entirely suited to your needs, our signature full body massage will blend modalities to promote relaxation or deliver therapeutic results. Whether your goal is promote relaxation, to release muscle tension with deep tissue techniques, or focus on a classic combination of sports stretches and compressions, our master therapist restores mobility, vitality and balance.

### MOTHER-TO-BE MESSAGE

175 (50 MIN.) / 260 (80 MIN.)

A soothing and comforting massage, safe for mother and baby, designed to help relax and nurture. This pampering experience is recommended during the second and third trimester.

### BALANCING STONE MESSAGE

275 (75 MIN.)

These warmed natural stones ease tension, melt away stiffness, increase circulation, and balance the energy of the body. Our expert therapist uses complementary modalities to reduce stress and promote deep relaxation.

### SOLE REVIVAL

95 (25 MIN.)

A stimulating mint foot treatment revives your soles, while a soothing leg and foot massage relieves tension from tired limbs.

## COUPLES RETREAT

*Share relaxation with a loved one in our couple's suite. Choose any two of our massage or body treatments for a side-by-side journey to well-being.*

## BODY TREATMENTS

Additional massage or express facial 95 | 25 MIN

### FOUNTAIN OF YOUTH BODY TREATMENT

295 (80 MIN.)

Revive and sculpt your body by improving elasticity and texture. A results-driven treatment featuring Phytomer™ revolutionary patented mask used on targeted areas to reduce the appearance of cellulite and encourages the breakdown of fat to deliver slimming results. Next, a contouring concentrate is massaged into the skin using specific sculpting movements to smooth connective tissue, further encourage detoxification and elimination of fat. You will conclude with a warming wrap, re-mineralizing and revitalizing your skin for a more youthful glow.

### DIAMOND ROSE EXPERIENCE

205 (50 MIN.)

Infuse and refresh your skin with an unforgettable Natura Bissé™ body experience. A delicate, diamond dust exfoliation renews your skin and a hydrating finishing veil leaves your skin feeling nourished, silky and supple. The scent and beauty of roses surround you, enhancing this journey to relaxation and well-being.

### STONE CROP POLISH

185 (50 MIN.)

This reviving body scrub will exfoliate and improve circulation, leaving your skin with a natural glow. Organic trace minerals penetrate to detoxify and repair the skin. After the exfoliation process, your choice of our signature essential oil blend will be applied to hydrate skin for a soft and smooth appearance.

### BODY ACCENTS

Accents are included within your treatment.

- |    |            |    |                                |
|----|------------|----|--------------------------------|
| 25 | Back Scrub | 25 | Lime Stimulating Scalp Massage |
| 25 | Foot Scrub | 25 | Collagen Hand Treatment        |

*For your convenience, a 22% service charge will be applied to the full amount of your service. This includes gratuities disbursed to the Spa staff members who served you during your visit. Please visit the website to view all Spa policies. Menu subject to change.*

Spaedgewood@edgewoodtahoe.com  
855.662.7184 | EdgewoodTahoe.com/Spa

## A PROMISE OF SUSTAINABILITY

Edgewood Tahoe Resort is a place of sustainability. A place where stewardship of the land comes before all else, a promise built into the key foundation of the property.

We have set a goal to eliminate more than 12,000 water bottles per year from landfills. We invite you to assist us with reaching our goal by bringing a reusable vessel to your next spa visit. There are refill stations throughout the resort and spa.

Further, we aim to be paperless when possible. We request the completion of your online intake form the day before your spa reservation. Email receipts are also available upon request.

We thank you for your partnership with our sustainability initiatives.

