

SIGNATURE RITUALS

EARTH CONNECTION BODY RITUAL 375 (105 MIN.)

Inspired by the energy of native Tahoe smoky quartz, this treatment holds a powerful earth energy with healing properties that protect, ground, and connect us with the earth. Close your eyes during this invigorating dry brush exfoliation and inhale the fresh aromas of “Meditate” our essential oil blend of sandalwood, frankincense, ginger root, clove, cardamom, and sweet orange. Experience our detoxifying foot scrub and hydrating foot treatment, followed by a full-body basalt stone massage. Culminate this ritual with a stimulating peppermint and wild lime scalp treatment which will leave you feeling grounded from head to toe.

SKIN TRANSFORMATION FACIAL RITUAL 460 (90 MIN.)

Experience the ultimate facial with our exclusive treatment that merges three cutting-edge technologies into one extraordinary experience. Begin with the exfoliating and ultra-refining Hydrafacial™. Then enjoy the warmth of LightStim™ LED light therapy to rejuvenate and repair at the cellular level. Meanwhile, our skilled aesthetician applies a restorative collagen glove treatment for both hands and feet. Complete this luxurious experience with Hollywood’s favorite infused oxygen treatment, Intraceuticals™. A targeted cocktail of results-driven ingredients plumps and refines the skin, producing instantly gratifying results.

RAPID RECOVERY BODY RITUAL 295 (75 MIN.)

On the forefront of recovery technology, our dual treatment process features NormaTec™, a breakthrough in sports therapy treatment used in 97% of US Pro team’s “recovery rooms” and Hypervolt™ the state-of-the-art percussive massage device to deliver a highly effective massage.

Begin with a 50-minute custom pressure massage using the technology of Hypervolt™ that relaxes and relieves pain as it targets areas of muscular tension. After this restorative process, NormaTec Leg Pulse™ is used to apply a dynamic pattern of pneumatic compression to increase circulation, decrease inflammation and increase range of motion. After a hard day of outdoor adventure, this therapeutic duo is the perfect way to alleviate pain so you’re ready for another day of alpine activity.

TOUCHLESS EXPERIENCES

HYPERVOLT SELF MASSAGE TUTORIAL 175 (50 MIN.)

A touchless experience where our master therapists will guide you through massage techniques using the technology of Hypervolt™ to alleviate sore muscles, ease away tension, and leave you feeling more relaxed. Following this experience, receive preferred pricing on your purchase of any Hyperice™ product.

REIKI ENERGY HEALING 185 (50 MIN.)

A choice of touch or touchless method of spiritual healing and self improvement. Your Reiki master will attune and tap into your unlimited supply of “life force energy” to improve health and enhance your quality of life.

FACIAL TREATMENTS

All 80 min. facial treatments include our signature Gua Sha lifting treatment

HYDRAFACIAL™ 250 (50 MIN.) / 385 (80 MIN.)

Restore and revive your skin with the cutting-edge technology of Hydrafacial. This system offers a closed system that delivers a safe and effective treatment that will leave you feeling rehydrated, refined, and 10 years younger. Hydrafacial also offers Lymphatic drainage and LED light therapy to promote detoxification and wellness.

ULTIMATE DIAMOND REPAIR FACIAL 220 (50 MIN.) / 325 (80 MIN.)

Awaken your senses and recapture your skin’s luminosity and firmness with the energy of Natura Bisse’s Diamond repair facial. Its extraordinary nourishing action repairs even the most mistreated skin, unveiling a completely hydrated, revitalized complexion that showcases your radiant face. Couple the experience with fragrances of lavender and rich textures and you will be transported to a state of bliss and nirvana.

02 GLOW FACIAL 220 (50 MIN.) / 325 (80 MIN.)

Experience a revolutionary treatment delivering instant results with no downtime. Intraceuticals use hyperbaric oxygen to deliver professional serums deep into the skin, hydrating, visibly plumping, and reducing the appearance of fine lines and wrinkles... perfect for your next Lake Tahoe event or the bride to be.

EDGEWOOD CUSTOM FACIAL 175 (50 MIN.) / 260 (80 MIN.)

This facial begins with an essential consultation to identify the root cause of your skin condition. Whether your goal is anti-aging, hyperpigmentation, dryness, or inflammation, we will design a treatment plan to bring your current skin to a healthier state, leaving you more confident and beautiful.

MOUNTAIN MAN FACIAL 175 (50 MIN.) / 260 (80 MIN.)

Exclusively tailored for our gentleman, this facial will leave skin feeling refreshed and hydrated. It will improve your complexion while paving the way for a smoother, neater shave.

PURIFYING FACIAL 175 (50 MIN.) / 260 (80 MIN.)

Utilizing powerful probiotics, Eminence has created a safe and effective regiment that deeply cleans skin, while improving acne and texture, leaving you with a fresh complexion.

SIERRA STONE FACIAL 280 (80 MIN.)

Soothing warm and cool stones bring the energy and purity from our beautiful lake to your skin. Relax, rejuvenate, and refresh with 100% organic ingredients from Eminence. Radiant and hydrated, you’ll leave Lake Tahoe with a healthy polished new glow.

FACIAL ACCENTS

Some accents may be included with your treatment, while some add additional time.

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| 25 | Neck and Decollete | 60 | Perk™ Lip of Eye Lift |
| 25 | Hydrating Lip | 60 | LightStim™ Therapy (20 Min.) |
| 25 | Eye Contour | 160 | Back Facial (45 Min.) |
| 60 | Natura Bisse™ Glycolic Peel | | |



MASSAGE THERAPIES

GROUNDING GEMSTONE MASSAGE

275 (75 MIN.)

Our gemstone trio of smoky quartz, aventurine, and magnesite gives strength and clarity to face the world with an inner peace and calm. Our holistic blend of the ancient sacred oils, sandalwood and frankincense, are paired with grounding essences of ginger root, clove, cardamom, and sweet orange. This custom pressure massage will leave you feeling balanced and connected.

CRYSTAL WELLNESS MASSAGE

275 (75 MIN.)

Our gemstone blend of rose quartz, clear quartz and amethyst fosters a harmonic wellness in the body, providing tranquility while soothing the mind and emotions. Our stimulating blend of lemongrass, peppermint, and holy basil energizes the senses. This custom pressure massage will restore and rejuvenate your body and soul.

WARMING CBD MASSAGE

205 (50 MIN.) / 295 (80 MIN.)

This tension-dissolving treatment targets pain and inflammation with our CBD Collection and specialized massage techniques. The escape begins with a hypnotic aromatic inhalation. The focus then turns to the body, as a moist heat treatment loosens up tight muscles, giving way to a slow, intentional full-body massage with our warming CBD oil. A pressure point foot massage activates a mind-body connection to reduce stress and promote mental clarity. Our CBD massage will elevate you to a blissful state of calm.

EDGEWOOD CUSTOM MASSAGE

175 (50 MIN.) / 260 (80 MIN.)

Entirely suited to your needs, our signature full body massage will blend modalities to promote relaxation or deliver therapeutic results. Paired with our exclusive essential oils or alpine-arnica-infused blends to be the perfect accompaniment to your chosen intention. Whether your goal is promote relaxation, to release muscle tension with deep tissue techniques, or focus on a classic combination of sports stretches and compressions, our master therapist restores mobility, vitality and balance.

MOTHER-TO-BE MASSAGE

175 (50 MIN.) / 260 (80 MIN.)

Our blend of soothing and comforting botanicals - safe for mother and baby- are designed to help relax and nurture. A natural, healing stretch mark balm with moisturizing Gotu Kola, completes this pampering experience. This treatment is recommended during the second and third trimester.

BALANCING STONE MASSAGE

275 (75 MIN.)

These warmed natural stones ease tension, melt away stiffness, increase circulation, and balance the energy of the body. Our expert therapist uses complementary modalities to reduce stress and promote deep relaxation.

SOLE REVIVAL

95 (25 MIN.)

A stimulating mint foot treatment revives your soles, while a soothing leg and foot massage relieves tension from tired limbs.

COUPLES RETREAT

Share relaxation with a loved one in our couple's suite. Choose any two of our massage or body treatments for a side-by-side journey to well-being.

BODY TREATMENTS

Additional massage or express facial 95 | 25 MIN

FOUNTAIN OF YOUTH BODY TREATMENT

295 (80 MIN.)

Revive and sculpt your body by improving elasticity and texture. A results-driven treatment featuring Phytomer™ revolutionary patented mask used on targeted areas to reduce the appearance of cellulite and encourages the breakdown of fat to deliver slimming results. Next, a contouring concentrate is massaged into the skin using specific sculpting movements to smooth connective tissue, further encourage detoxification and elimination of fat. You will conclude with a warming wrap, re-mineralizing and revitalizing your skin for a more youthful glow.

DIAMOND ROSE EXPERIENCE

205 (50 MIN.)

Infuse and refresh your skin with an unforgettable Natura Bissé™ body experience. A delicate, diamond dust exfoliation renews your skin and a hydrating finishing veil leaves your skin feeling nourished, silky and supple. The scent and beauty of roses surround you, enhancing this journey to relaxation and well-being.

STONE CROP POLISH

185 (50 MIN.)

This reviving body scrub will exfoliate and improve circulation, leaving your skin with a natural glow. Organic trace minerals penetrate to detoxify and repair the skin. After the exfoliation process, your choice of our signature essential oil blend will be applied to hydrate skin for a soft and smooth appearance.

BODY ACCENTS

Accents are included within your treatment.

25 Back Scrub
25 Foot Scrub

25 Lime Stimulating Scalp Massage
25 Collagen Hand Treatment

For your convenience, a 22% service charge will be applied to the full amount of your service. This includes gratuities disbursed to the Spa staff members who served you during your visit. Please visit the website to view all Spa policies. Menu subject to change.

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A PROMISE OF SUSTAINABILITY

Edgewood Tahoe Resort is a place of sustainability. A place where stewardship of the land comes before all else, a promise built into the key foundation of the property.

We have set a goal to eliminate more than 12,000 water bottles per year from landfills. We invite you to assist us with reaching our goal by bringing a reusable vessel to your next spa visit. There are refill stations throughout the resort and spa.

Further, we aim to be paperless when possible. We request the completion of your online intake form the day before your spa reservation. Email receipts are also available upon request.

We thank you for your partnership with our sustainability initiatives.

