



Spa

EDGEWOOD

MASSAGE THERAPIES

GROUNDING GEMSTONE MASSAGE

275 (75 MIN.)

Our gemstone trio of smoky quartz, aventurine, and magnesite gives strength and clarity to face the world with an inner peace and calm. Our holistic blend of the ancient sacred oils, sandalwood and frankincense, are paired with grounding essences of ginger root, clove, cardamom, and sweet orange. This light to medium pressure massage will leave you feeling balanced and connected.

CRYSTAL WELLNESS MASSAGE

275 (75 MIN.)

Our gemstone blend of rose quartz, clear quartz and amethyst fosters a harmonic wellness in the body, providing tranquility while soothing the mind and emotions. Our stimulating blend of lemongrass, peppermint, and holy basil energizes the senses. This light to medium pressure massage will restore and rejuvenate your body and soul.

WARMING CBD MASSAGE

205 (50 MIN.) | 295 (80 MIN.)

This tension-dissolving treatment targets pain and inflammation with our CBD Collection and specialized massage techniques. The escape begins with a hypnotic aromatic inhalation. The focus then turns to the body, as a moist heat treatment loosens up tight muscles, giving way to a slow, intentional full-body massage with our warming CBD oil. A pressure point foot massage activates a mind-body connection to reduce stress and promote mental clarity. Our CBD massage will elevate you to a blissful state of calm.

EDGEWOOD CUSTOM MASSAGE

175 (50 MIN.) | 260 (80 MIN.)

Our potent alpine arnica-infused treatment is the perfect accompaniment to this performance-enhancing massage. Whether your goal is to release muscle tension with deep tissue techniques or focus on a classic combination of sports stretches and compressions, our therapist restores mobility, vitality and body comfort. This is perfect after a day of golf or mountain activities.

MOTHER-TO-BE MASSAGE

175 (50 MIN.) | 260 (80 MIN.)

Our blend of soothing and comforting botanicals - safe for mother and baby- are designed to help relax and nurture. A natural, healing stretch mark balm with moisturizing Gotu Kola, completes this pampering experience. This treatment is recommended during the second and third trimester.

BALANCING STONE MASSAGE

275 (75 MIN.)

These warmed natural stones ease tension, melt away stiffness, increase circulation, and balance the energy of the body. Our expert therapist uses complementary modalities to reduce stress and promote deep relaxation.

SOLE REVIVAL

95 (25 MIN.)

A stimulating mint foot treatment revives your soles, while a soothing leg and foot massage relieves tension from tired limbs.

COUPLES RETREAT

Share relaxation with a loved one in our couple's suite. Choose any of our massage or body treatments for a side-by-side journey to well-being.

TOUCHLESS EXPERIENCES

HYPERVOLT SELF MASSAGE TUTORIAL

240 (50 MIN.) | 320 (80 MIN.)

A touchless experience where our master therapists will guide you through massage techniques using the technology of Hypervolt™ to alleviate sore muscles, ease away tension, and leave you feeling more relaxed. Following this experience, receive preferred pricing on your purchase of any Hyperice™ product.

REIKI ENERGY HEALING

185 (50 MIN.)

A touchless method of spiritual healing and self-improvement. Your Reiki master will attune and tap into your unlimited supply of "life force energy" to improve health and enhance your quality of life.

For your convenience, a 22% service charge will be applied to the full amount of your service. This includes gratuities disbursed to the Spa staff members who served you during your visit. Please visit the website to view all Spa & Salon policies. Menu subject to change.

BODY TREATMENTS

Additional massage or express facial 95 | 25 MIN

FOUNTAIN OF YOUTH BODY TREATMENT

295 (80 MIN.)

Revive and sculpt your body by improving elasticity and texture. A results-driven treatment featuring Phytomer™ patented self-heating mask used on targeted areas to reduce the appearance of cellulite and encourages the breakdown of fat to deliver slimming results. Next, a contouring concentrate is massaged into the skin using specific sculpting movements to smooth connective tissue, further encourage detoxification and elimination of fat. You will conclude with a warming wrap to re-mineralizing and revitalizing your skin for a more youthful glow.

DIAMOND ROSE BODY RITUAL

205 (50 MIN.)

Infuse and refresh your skin with an unforgettable Natura Bissé™ body experience. A delicate, diamond dust exfoliation renews your skin and a hydrating finishing veil leaves your skin feeling nourished, silky and supple. The scent and beauty of roses surrounds you and will leave you in place of relaxation and well-being.

STONE CROP POLISH

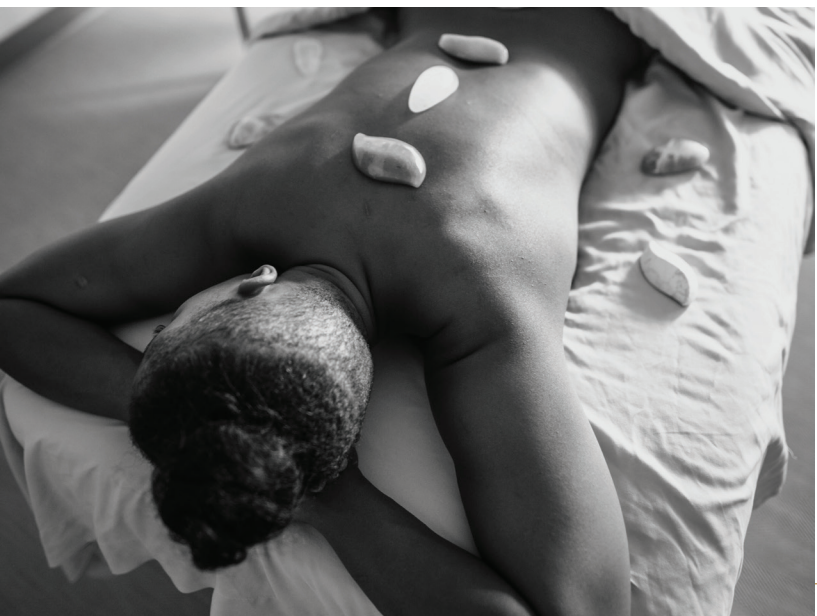
185 (50 MIN.)

This reviving body scrub will exfoliate and improve circulation, giving the skin a natural glow. Organic trace minerals penetrate to detoxify and repair the skin. After the exfoliation process, your choice of our signature essential oil blend will be applied to hydrate skin for a soft and smooth appearance.

BODY ACCENTS

Accents are included within your treatment.

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|-----------------------------|---|
| 25 Eye Contour | 25 Moroccan Scalp Massage |
| 25 Foot Scrub | 50 Altitude Adjustment Oxygen Bar (15 min.) |
| 90 Express Facial (25 min.) | |



SALON SERVICES

Hair

WOMEN'S CUT & STYLE	90
MEN'S CUT WITH SCALP MASSAGE	65
BLOW OUT	70+
COLOR RETOUCH	105+
FULL COLOR	145+
HIGHLIGHTS	150+
BALAYAGE	300+
RESTORATIVE SCALP EXFOLIATION	45+
HYDRATING TREATMENT	45+

Special Events

Shampoo not included

SPECIAL OCCASION HAIRSTYLING	120+
MAKE-UP ARTISTRY	100
BRIDAL MAKE-UP ARTISTRY*	180
BRIDAL HAIRSTYLING*	220

*Includes Bridal Trial and Event Day.

Nails

CBD RELIEF MANICURE & PEDICURE

MANICURE 65 (30 MIN.) | PEDICURE 95 (50 MIN.)

Calm your senses with our CBD Relief Pedicure using Cause + Medic all-natural skincare line that combines the healing properties of CBD with other active botanicals ingredients to enhance skin health and nourish your soles, leaving them soft and revived.

SEASONAL MANICURE & PEDICURE

MANICURE 50 (30 MIN.) | PEDICURE 80 (50 MIN.)

Celebrate winter, spring, summer, or fall we have restorative natural ingredients and fresh, energizing scents to revive hands and feet during every season. Pedicure includes callus removal.

NAIL ACCENTS

- 25 Gel Polish
- 25 Collagen Hand Treatment
- 25 Detoxifying Charcoal Food Soak
- 15 Gel Removal
- 35 Hot Stone Therapy (15 min.)

SIGNATURE RITUALS

EARTH CONNECTION RITUAL

375 (105 MIN.)

Inspired by the energy of native Tahoe smoky quartz, this treatment holds a powerful earth energy with healing properties that protect, ground, and connect us with the earth. Close your eyes during this invigorating dry brush exfoliation and inhale the fresh aromas of "Meditate" our essential oil blend of sandalwood, frankincense, ginger root, clove, cardamom, and sweet orange. Experience our detoxifying foot scrub and hydrating foot treatment, followed by a full-body basalt stone massage. Culminate this ritual with a stimulating peppermint and wild lime scalp treatment which will leave you feeling grounded from head to toe.

RAPID RECOVERY RITUAL

295 (75 MIN.)

On the forefront of recovery technology, our dual treatment process features NormaTec™, a breakthrough in sports therapy treatment used in 97% of US Pro team's "recovery rooms" and Hypervolt™ the state-of-the-art percussive massage device to deliver a highly effective massage.

Begin with a 50-minute custom pressure massage using the technology of Hypervolt™ that relaxes and relieves pain as it targets areas of muscular tension. After this restorative process, NormaTec Leg Pulse™ is used to apply a dynamic pattern of pneumatic compression to increase circulation, decrease inflammation and increase range of motion. After a hard day of outdoor adventure, this therapeutic duo is the perfect way to alleviate pain so you're ready for another day of alpine activity.

FACIAL TREATMENTS

All 80 min. facial treatments include our signature Gua Sha lifting treatment

HYDRAFACIAL™

250 (50 MIN.) | 385 (80 MIN.)

Restore and revive your skin with the cutting-edge technology of HydraFacial. This system offers a closed system that delivers a safe and effective treatment that will leave you feeling rehydrated, refined, and 10 years younger. HydraFacial also offers Lymphatic drainage and LED light therapy to promote detoxification and wellness.

ULTIMATE DIAMOND REPAIR FACIAL

220 (50 MIN.) | 325 (80 MIN.)

Awaken your senses and recapture your skin's luminosity and firmness with the energy of Natura Bisse's Diamond repair facial. Its extraordinary nourishing action repairs even the most mistreated skin, unveiling a completely hydrated, revitalized complexion that showcases your radiant face. Couple the experience with fragrances of lavender and rich textures and you will be transported to a state of bliss and nirvana.

O2 GLOW FACIAL

220 (50 MIN.) | 325 (80 MIN.)

Experience a revolutionary treatment delivering instant results with no downtime. Intraceuticals use hyperbaric oxygen to deliver professional serums deep into the skin, hydrating, visibly plumping, and reducing the appearance of fine lines and wrinkles... perfect for your next Lake Tahoe event or the bride to be.

EDGEWOOD CUSTOM FACIAL

175 (50 MIN.) | 260 (80 MIN.)

This facial begins with an essential consultation to identify the root cause of your skin condition. Whether your goal is anti-aging, hyperpigmentation, dryness, or inflammation, we will design a treatment plan to bring your current skin to a healthier state, leaving you more confident and beautiful.

MOUNTAIN MAN FACIAL

175 (50 MIN.) | 260 (80 MIN.)

Exclusively tailored for our gentleman, this facial will leave skin feeling smooth and hydrated. It will improve your complexion while paving the way for a smoother, neater shave.

PURIFYING FACIAL

175 (50 MIN.) | 260 (80 MIN.)

Utilizing powerful probiotics, Eminence has created a safe and effective regiment that deeply cleans skin, while improving acne and texture, leaving you with a fresh complexion.

SIERRA STONE FACIAL

280 (80 MIN.)

Soothing warm and cool stones bring the energy and purity from our beautiful lake to your skin. Relax, rejuvenate, and refresh with 100% organic ingredients from Eminence. Radiant and hydrated, you'll leave Lake Tahoe with a healthy polished new glow.

FACIAL ACCENTS

25 Neck and Decollete

25 Hydrating Lip

25 Eye Contour

25 Foot Scrub

60 Glycolic Peel

60 Perk™ Lip of Eye Lift

60 Lighthstim™ Therapy (20 Min.)

160 Back Facial (45 Min.)