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# Unbridled Love

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A proposal at Heavenly in Lake Tahoe proves the sky's the limit.

By Blair Sullivan

Marriage is the biggest journey of your life. So why not start it with a grand adventure? At least that mentality applies to my soon-to-be husband, Warren, and me. We met nearly eight years ago while attending college in Texas. Fast-forward to 2015, and we traded our Lone Star State for a golden one and moved to San Francisco, and have been exploring iconic towns around the Bay Area since. We're an outdoorsy couple, so Lake Tahoe's been at the top of our list, and when we learned that Epic Discovery (prices vary by season, [epicdiscovery.com](http://epicdiscovery.com)) at Heavenly Mountain Resort was celebrating its one-year anniversary, we agreed it was time to visit. (Little did I know there was more to come for me.)

There are only a few places in the country (two in Colorado and one in Cali) that facilitate the summer program, which runs June through Labor Day weekend in Tahoe. The high-adrenaline experience mixes learning through play with enjoyment and stewardship of this special region. We booked our trip in early September and planned to stay nearby at The Lodge at Edgewood Tahoe (Tahoe King rooms from \$250, Edgewood Suite from \$700, [edgewoodtahoe.com](http://edgewoodtahoe.com)) to ensure we took in as much of the area as possible.

We arrived to the grand lobby at sunset and were treated to an incredible first glimpse at the region from the floor-to-ceiling windows that overlook the lake. Dinner at Edgewood Restaurant followed (seared elk chop with spaetzle is a specialty) before we settled into our cozy lakefront suite for the night.

Warren woke me the next morning at dawn to go on a surprise sunrise hike, despite our big day of Epic Discovery activities ahead (think zip lining, taking a canopy tour, traversing narrow suspension

bridges over canyons and riding single-person roller-coasters). I acquiesced and begrudgingly threw on workout clothes; I didn't even do my hair. Warren, to his credit, did ask if I wanted to fix it. (Poor guy.) We drove to Emerald Bay State Park ([emeraldbaystatepark.com](http://emeraldbaystatepark.com)) and hiked to a beautiful spot overlooking the water. We set up the tripod to take pictures of the sunrise... then Warren was down on one knee.

It was a magical way to start the day, which took us to new heights as we zip lined through the trees with enchanting mountains as our backdrop—furthering my already off-the-charts adrenaline and excitement. Later, we calmed our buzzing energy with an amazing couple's massage at Spa at Edgewood Tahoe (an 8,500-square-foot on-property oasis). To close? A view of the final rays of daylight gleaming over the water and a toast to the next adventure together.

Clockwise from top left: The Lodge at Edgewood Tahoe's architecture is fitting of its alpine setting; a skyway canopy tour is among the many exciting adventures that await as part of Epic Discovery's programming; from engagements to weddings, Lake Tahoe offers supreme opportunities for couples seeking to experience outdoor splendor as part of their celebrations.

HOTEL PHOTO COURTESY OF THE LODGE AT EDGEWOOD TAHOE; SKYWAY CANOPLY TOUR PHOTO BY RACHID DAHNOUN; WEDDING PHOTO BY INDIGO PHOTO